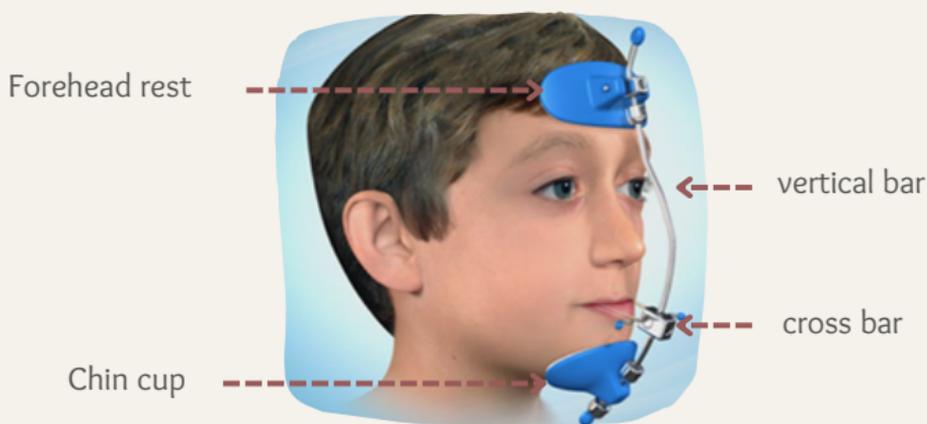


Facemask (RPHG) Instructions



01

Wear the facemask at least 12-14 hr/Day

02

Remember to bring the facemask to every visit.

03

The position of forehead/chin pads and elastic hook were custom adjusted for you; however, they can loosen overtime.

04

Feel free to cover chin pad with something protective on daily basis: cotton, tissue, make-up removing pad. Change it daily to keep it clean and prevent skin irritations

05

Avoid sticky and hard food to prevent loosening of an intraoral appliance (Expander or TPA). In case the appliance is loose on one side, STOP wearing the facemask and call us.

06

brush edges of intraoral appliance, irrigate under palatal part of appliance using waterpik or syringes.